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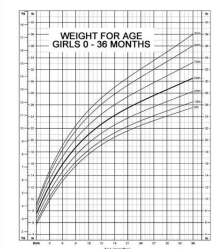
# Informed Consent Form

FORM 2 OF 3

This form describes in detail how the study works and your role in it. Your signature means you understand and agree to participate.

BEFORE YOU SIGN, YOU SHOULD KNOW

- 1 This study aims to advance understanding of how activity and your habits can contribute to a healthier heart.
- 2 As a participant, you'll be asked to complete occasional, short surveys and record your workouts on your Apple Watch.
- 3 The study will last at least 5 years. You'll be asked to renew your consent every 2 years.
- 4 Participation is voluntary. You can leave the study at any time and stop sharing your data at any time.
- 5 The study will do its best to ensure your data is kept confidential and secure. As with all studies, complete confidentiality cannot be guaranteed.



Mac iPad iPhone Watch TV Music Support

Data and Privacy Signed in as Sign Out

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data, including the following information: name, date of birth, sex, height, weight, and z-score. The data was collected from a single source, the Shiny Server, and is provided as a separate comma variable spreadsheet (CSV), from Excel or similar. These summary files contain clinical graphs from set 1 or set 2 as described above. A is a complete and open source



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